

Name : Dr E. Jesudin Rajesh

Gender : Male

Designation : Associate Professor

Department : Physical Education

Date of Birth : 27-01-1977

Date of Appointment : 01-12-2004

Mobile Number 9486141640

E- Mail : jesudin77@gmail.com

Qualification : B.P.E.S., B.P.Ed ., M.P.Ed. , M.Phil., Ph.D

Approved Guide

[University Name] : M S University

List of Publications :

1. “Isolated and Combined Effect of Endurance Training and Yogic Practices on Cardio Respiratory Endurance among Football Players”, NeuroQuantology, ISSN: 1303-5150, vol. 19, Issue 1, pp. 217-221, 2021.
2. “Effects of circuit training and plyometric training on selected motor components of college students”, Purakala, UGC care approved journal, ISSN: 0971-2143, vol. 32, Issue 1, pp. 1383-1387, 2023.

