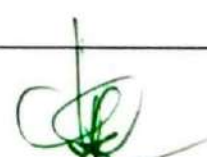


**MINUTES OF THE 22<sup>nd</sup> MEETING OF THE BOARD OF STUDIES OF THE  
PHYSICAL EDUCATION, HEALTH EDUCATION AND SPORTS  
DEPARTMENT HELD ON 9<sup>TH</sup> DECEMBER-2023**

1. Dr. C. Samson (Chairperson) 
2. Dr. V. Viju (University nominee) 
3. Dr. Y Wise Blessed Sigh (Subject Expert-1 from Outside University) 
4. Dr.G.P. Sudheer (Subject Expert-2 From Outside University) 
5. Mr. Judes Berlin (Industrialist) 
6. Mr. V. Vishnu (Meritorious Alumnus ) 
7. Dr.N. Aseer Rufus (Staff Member) 
8. Dr.B. Benito Anand (Staff Member) 
9. Dr.E. Jesudin Rajesh (Staff Member) 
10. Dr.J. Akil (Staff Member) 

Minute No.	Minutes
1	<i>Confirmation of the Minutes of the 21<sup>ST</sup> BoS meeting held on 24<sup>th</sup> June- 2023</i> Member Secretary Dr C. Samson read the minutes 22 <sup>st</sup> BoS meeting held on 9 <sup>th</sup> June, 2023 and the minutes were confirmed.
2	<i>Action Taken Report on the Minutes of the 22<sup>st</sup> BoS meeting.</i> <i>A, 22<sup>st</sup>BoS meeting Minutes is followed</i>

DEPARTMENT OF PHYSICAL EDUCATION  
HEALTH EDUCATION AND SPORTS  
SCOTT CHRISTIAN COLLEGE  
NAGERCOIL - 629 003.

  
**Dr.D. HENRY RAJA**  
PRINCIPAL i/c  
SCOTT CHRISTIAN COLLEGE (AUTONOMOUS)  
NAGERCOIL-629 003

	The members of BoS carefully perused the "Action Taken Report (ATR)" presented by the member Secretary Dr C. Samson and expressed their satisfaction and appreciation.																
3	<b>Review of Academic and Administrative Audit (AAA) Report 2020-2023</b>  The Member-Secretary Dr.C. Samson presented the AAA report criteria-wise and the members of BoS carefully reviewed the AAA report.																
4	<b>Review of Feedback Report on curriculum obtained from 1) Students, 2) Teachers, 3) Employers, 4) Alumni.</b>  Dr. C. Samson presented the Feedback Report obtained from 1) Students, 2) Teachers, 3) Employers, 4) Alumni on the curriculum of B.Sc Physical Education from the academic year 2023-2026  The members of BoS carefully reviewed the Feedback Report received from the stake holders and proposed the following action to be taken in the curriculum. a) Include more practicals based on major games																
5	<b>Introduction of new courses from the academic year 2023-26.</b>  It was proposed to introduce the following new courses in the curriculum of B. Sc Physical Education from the academic year 2023-24.  1. Core/Elective courses with local/regional/national/global relevance																
	<table border="1"> <thead> <tr> <th>Name of the Course</th> <th>Course Code</th> <th>Relevance to the local, national, regional and global developmental needs.</th> </tr> </thead> <tbody> <tr> <td>Health Education Safety Education and First Aid</td> <td>23GS21</td> <td>Global relevance as it ensures safety until the patient or affected person accesses specialised treatment</td> </tr> <tr> <td>Health, Nutrition and Diet Therapy</td> <td>23AS03</td> <td>Global relevance as it helps prevent and manage chronic diseases, treat infectious diseases and help with weight management</td> </tr> <tr> <td>Computer Application in Physical Education</td> <td>23GS31</td> <td>Nationally and globally relevant as it helps teachers and trainers make their teaching more interesting and effective, and can help students develop their skills</td> </tr> <tr> <td>Organization Administration</td> <td>23GS62</td> <td>Locally relevant as it helps students</td> </tr> </tbody> </table>		Name of the Course	Course Code	Relevance to the local, national, regional and global developmental needs.	Health Education Safety Education and First Aid	23GS21	Global relevance as it ensures safety until the patient or affected person accesses specialised treatment	Health, Nutrition and Diet Therapy	23AS03	Global relevance as it helps prevent and manage chronic diseases, treat infectious diseases and help with weight management	Computer Application in Physical Education	23GS31	Nationally and globally relevant as it helps teachers and trainers make their teaching more interesting and effective, and can help students develop their skills	Organization Administration	23GS62	Locally relevant as it helps students
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and Methods of Physical Education		learn and achieve learning outcomes. They can also help students apply the content to specific contexts
Practical - Major Games and Track & Field-II	23ASP4	Locally & Nationally relevant as it inculcates the spirit of sportsmanship in the ground through practice


2. Courses for skill development


Name of the Course	Course Code	Activities/Content with direct bearing on Employability/ Entrepreneurship/ Skill development
Officiating Cricket and Football	23SSP2	Employability in all sports sectors
Officiating Volleyball and Kabaddi	23SSP3	Employability in all sports sectors
Officiating Throwball and Basketball	23SSP4	Employability in all sports sectors

3. Value-added courses for imparting transferable and life skills (Min.30 hours)

Name of the Course		Transferable and life skill development
Exercise and Disease Management		Life skill development as regular physical activity helps manage and prevent health issues

Recreation And Camping		Life skill development as camping helps in problem solving, increases vitamin D intake, increases exercise and recreation makes people happier and healthier.
<p>Discussed and resolved to introduce the above new courses in the curriculum of B.Sc Physical Education from the academic year 2023-24.</p>		

  
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